

**Developed by Beatrice Ricci**

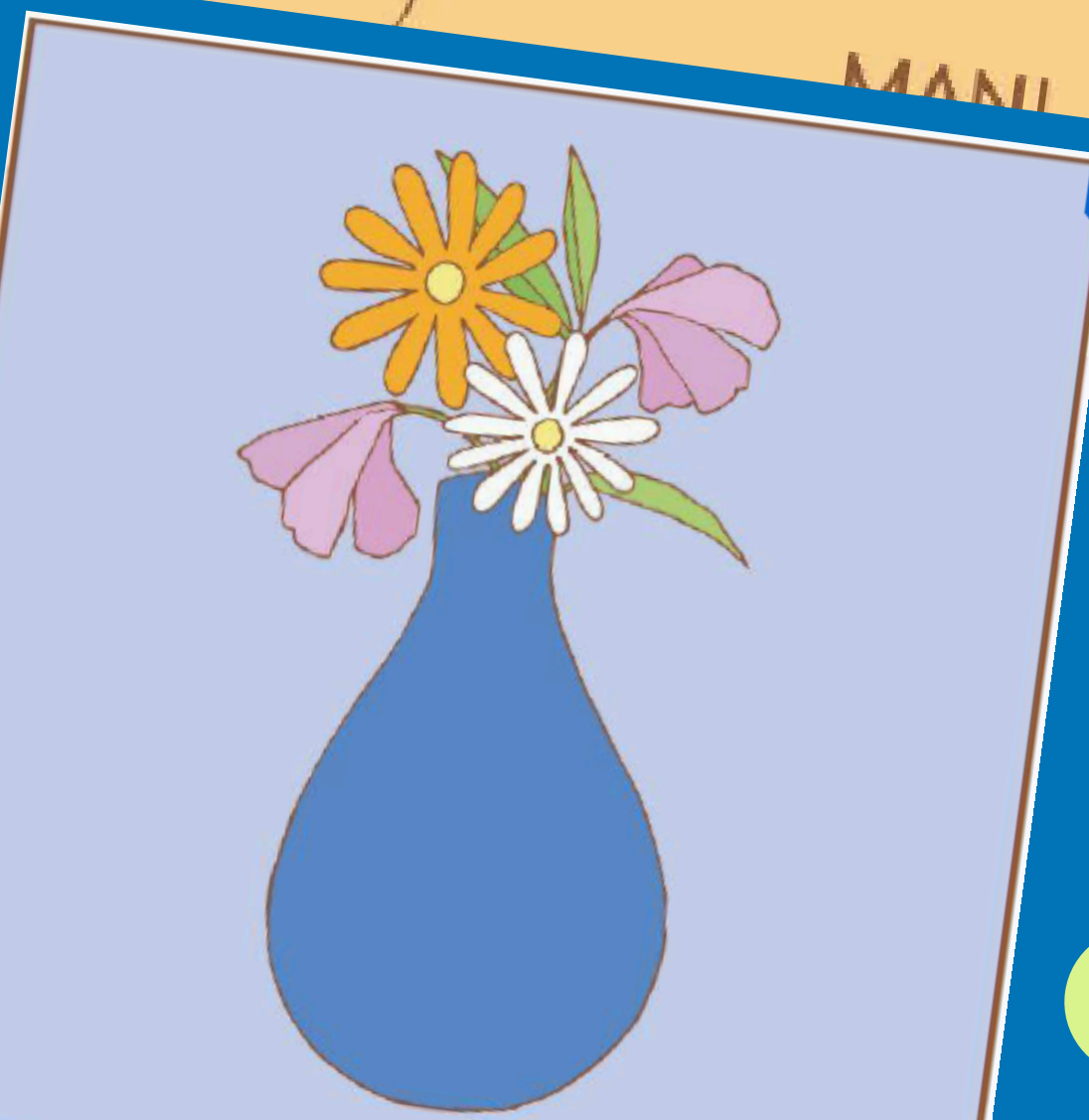
beatricer Ricci.proj@gmail.com

**Illustrated by Brigitta Ricci**

riccibrigitta@gmail.com

# I can!

A game to rethink our way of detecting gender rules in everyday life.



EPF  
EUROPE  
PLURAL  
FEMININE



Funded by the  
European Union

# What does gender have to do with...?

## The game "I can"

This game was designed as part of an educational unit dedicated to sexual and gender education in a kindergarten. However, the game can also be adapted for a teenage and adult audience. You will need cardboard, pencils, colors, scissors, and a bit of imagination: ask yourselves, "What does crying, dancing, flying an airplane, making discoveries, becoming President of the Republic, changing diapers, conquering the world have to do with gender?".



PARTE UN VASO DI FIORI

# Boys stuff or girls stuff?

CLÉMENTINE DU PONTAVICE

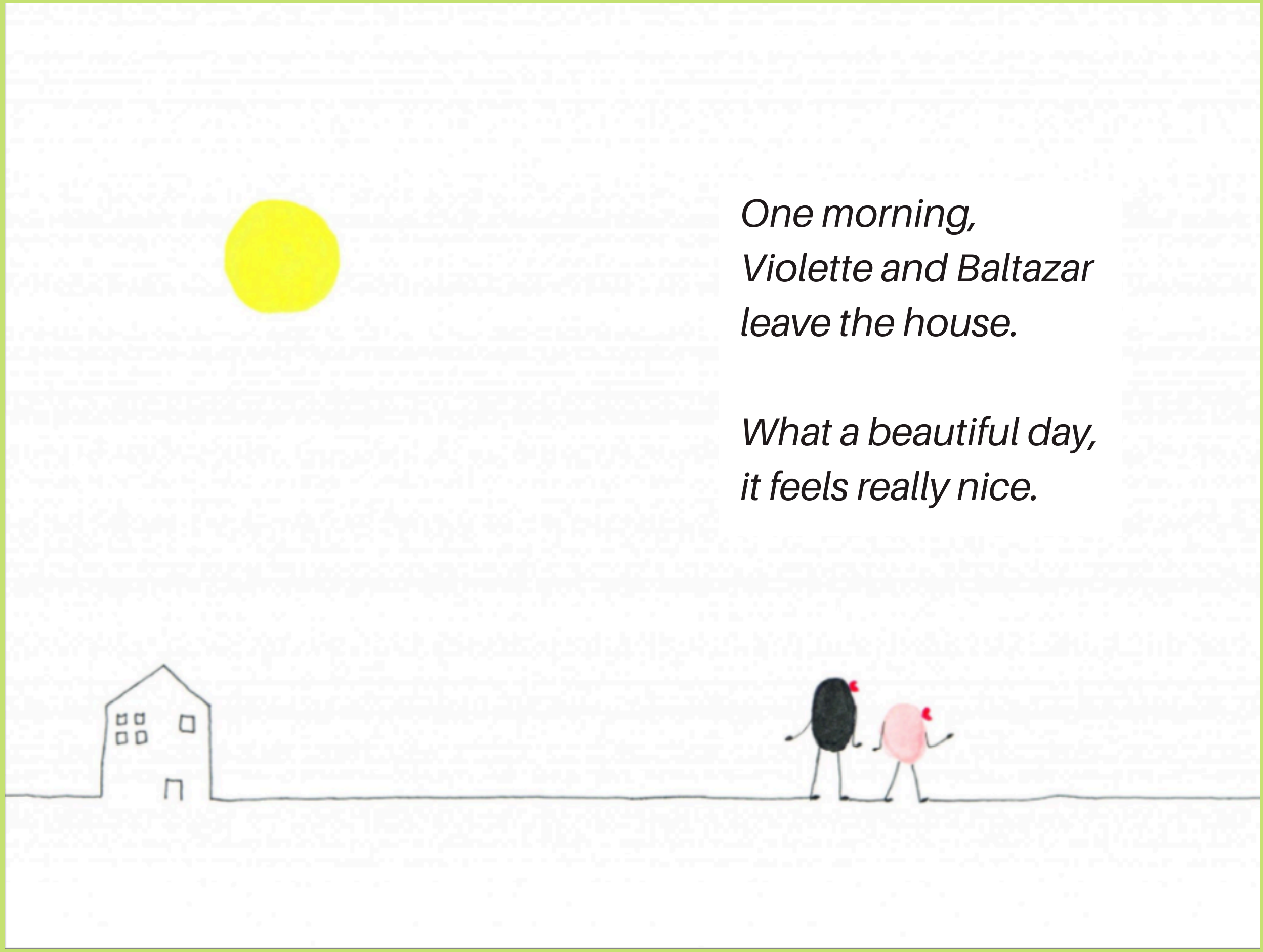
## COSE DA MASCHI O DA FEMMINE?



Superbaba

*Truc de fille ou de garçon?* is a book by Clémentine du Pontavice that questions the role gender plays in our daily choices and how it affects our lives from childhood.

The activity "I can" is recommended to start by reading the book, which is available in French and Italian (*Cose da maschi o da femmine?*). If a complete translation is not available, you can begin by reading the excerpt translated into English, which you'll find in the following slides.



*One morning,  
Violette and Baltazar  
leave the house.*

*What a beautiful day,  
it feels really nice.*

*Violette wants to play  
soccer.*



*"You're too little...  
and besides,  
soccer is for boys."*

*Violette is angry*

*To play soccer,  
you need*



*feet*



*stamina*

*and wanting to have fun with a*



*BOY or GIRL,  
what difference does it make?*

*"You're right"*

*her brother comforts her,*

*"they don't know about  
your magical ball tricks.*

*Come on, we have better  
things to do, let's ignore  
them*

*and move on."*



# Let's play!

Now it's time to gather into groups! Think about everyday actions, jobs, sports, dreams, and skills. Think about your lives and find a number of things you want to work on (for example, making a bouquet of flowers, becoming a doctor, climbing, washing your clothes, cooking, etc.).

## How?

- Find a number of things you want to work on.
- Now ask yourselves: what do we need to accomplish these things? Make a list.
- Using the model we provide (next slide), take some cardboard, a pencil, and colors, and draw a puzzle. On one piece of the puzzle, draw and write the goal (climbing); on the other pieces, draw and write what you need to achieve it (hands, feet, climbing gym, etc.).
- Now, it's time to play. Each group will share their puzzles, and everyone will work on assembling them.

BO DI FIORI



MAKE A BOUQUET OF FLOWERS

HANDS

VASE

FLOWERS



IO POSSO



MAKE A BOUQUET OF FLOWERS

I CAN



# Reflect and share

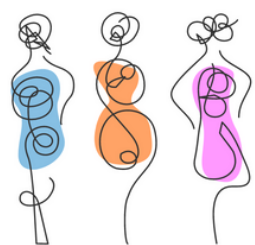
Had you ever considered gender in these terms? How does it influence our thoughts and, consequently, all our decisions?

Here are some questions to ask yourself at the end of this activity:

- Has the activity helped you realizing how much social mandates and gender narratives influence your daily life?
- Do you think this happens to children as well?
- What strategies could be employed to reshape these narratives?
- Do you believe education plays a vital role in deconstructing the current narrative?

These are important topics that can be thought about individually, but also shared within the group. Your thoughts and experiences can enrich our collective understanding.

# Thank You!



EPF  
EUROPE  
PLURAL  
FEMININE



Funded by the  
European Union



[WWW.EPF-CERV.EU](http://WWW.EPF-CERV.EU)



[EUROPEPLURALEFEMININE](https://www.instagram.com/EUROPEPLURALEFEMININE)